**Relationship Agreement Template**

I want to establish a positive and mutually beneficial relationship with you.

The following defines my expectations.

**I will:**

• Be courteous and respectful.

• Be honest.

• Honor commitments I make.

• Make healthy choices, whenever possible.

• Work in partnership with others to achieve my health.

• Focus on my health and function, not on my symptoms.

**You will:**

• Treat me with dignity and respect.

• Be honest.

• Honor commitments you make.

• Listen and respond to my concerns, feelings, goals, and questions.

• Assist me in restoring my health and function.

• Assist me in staying at my job or returning to my job as soon as is reasonable.

• Disclose to me any of your professional relationships or actions which may adversely affect my recovery.

• Respect my privacy and not disclose any of my information without my permission

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